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NOVUS
HEALTH

Annual Report



2023 Annual Report

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Dear Friends,

Another year has come and what a year it has been in healthcare. The challenges that so many individuals face, with access to quality healthcare, have only been exacerbated by further limits being placed on abortion rights as well as outright assaults on transgender care. Healthcare access itself should be a human right! That right should be based on science and should be between an individual and their practitioner(s) alone.

While we continue to stand up for healthcare and health rights for all, NOVUS Health strives to meet individuals where they are, join them as a partner in their healthcare journey and provide comprehensive care and support services that change the way healthcare is delivered.

This past year NOVUS Health continued to expand services and prepare for a move to a new facility. The work that has been ongoing is highlighted in this year's annual report. To our patients, our partners, and our community, we hope that the contributions we can make impact the healthcare landscape for many more years.

Our 2023 report reflects NOVUS Health mission and vision to improve the quality of life and advocate for the health and well-being of all individuals in our community. Join me in taking a look at the work that the staff our partners and our patients have been a part of.

Sincerely,

Dale Wrigley
Chief Executive Officer

ABOUT NOVUS HEALTH

The **mission** of NOVUS Health is to improve the quality of life and advocate for the health and well-being of all individuals in our community through the delivery of primary, holistic, and preventative care coupled with supportive services. We provide comprehensive, trauma- informed care in a compassionate and nonjudgmental environment.

Our **vision** is for NOVUS Health to become a trusted, patient-centered medical home model, providing equitable access to primary care and linking individuals to the specialty care and preventative services that are customized to their needs. We also aim to engage and collaborate with individuals to meet their overall health goals, while working to provide tools and resources that ensure ongoing retention in and adherence to all points of care, prevention, and treatment.

Our Values

TRUST - COMMUNICATION - COMPASSION

Our Services

PRIMACY CARE - GENERAL WELLNESS - TELEHEALTH - BEHAVIORAL HEALTH - PSYCHIATRIC SERVICES - CASE MANAGEMENT - LINKAGE TO CARE - GENDER-AFFIRMING CARE - WOMEN'S WELLNESS - PHARMACY - MASSAGE THERAPY - STI CLINICAL CARE - PREVENTION PROGRAM

BEHAVIORAL HEALTH PROVIDERS



Mark Scheperle, MD
(HE/HIM/HIS)

CHIEF MEDICAL OFFICER



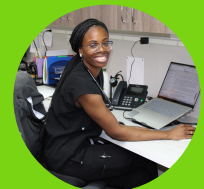
Matt Cary, MSN, FNP-BC, ANP-BC
(HE/HIM/HIS)

CLINICAL CARE SUPERVISOR



Brian Brennan, APRN, FNP-BC
(HE/HIM/HIS)

NURSE PRACTITIONER



Alexis Anderson, MSN FNP-C
(SHE/HER/HERS)

NURSE PRACTITIONER



Autumn Clark, DO
(SHE/HER/HERS)

COLLABORATIVE PRACTICE
SUPERVISOR
FOR PSYCHIATRIC SERVICES



Erin Duvall, FNP-C, FPMHNP-BC
(SHE/HER/HERS)

PSYCHIATRIC NURSE PRACTITIONER



Dr. Chanel Mitchell, Ph.D., LCSW
(SHE/HER/HERS)

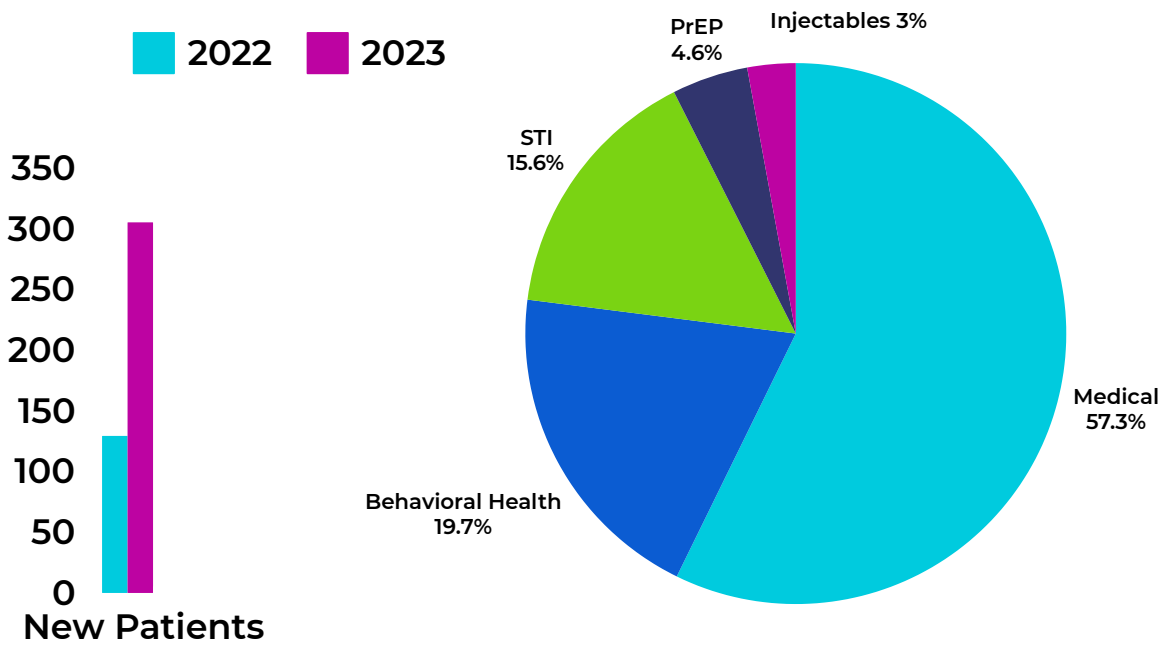
BEHAVIORAL HEALTH MANAGER



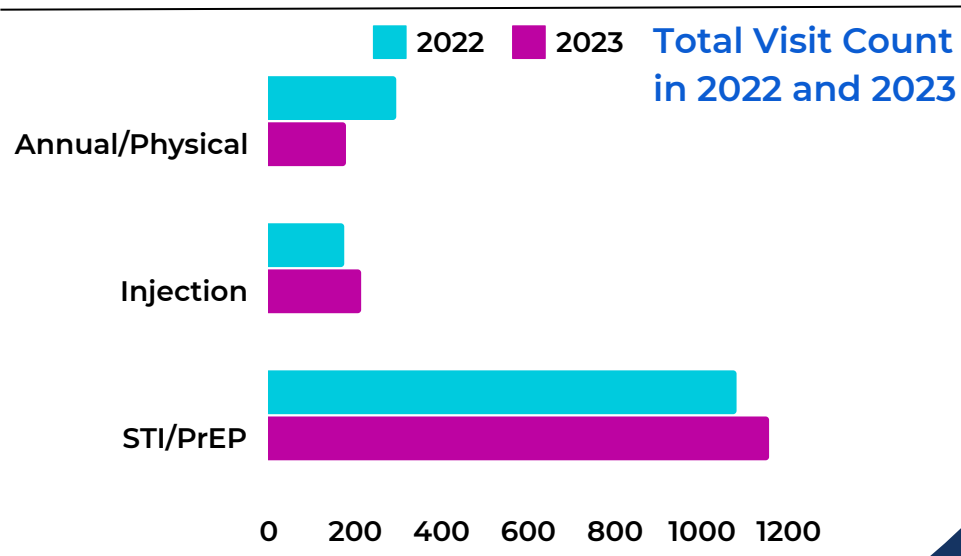
Gavyn Stys, LCSW
(HE/HIM/HIS)

BEHAVIORAL HEALTH SPECIALIST

NOVUS BY THE NUMBERS



Clinical Services Provided in 2023



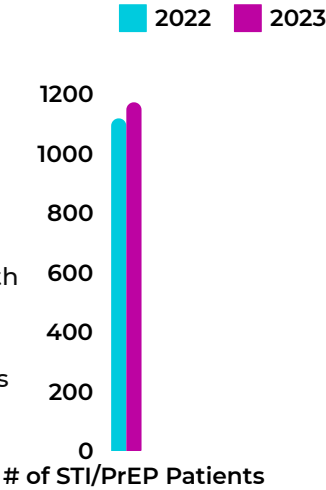


STI CLINICAL CARE

NOVUS Health provides confidential and free sexually transmitted infection testing and treatment. The clinic focuses on prevention and education while providing high-quality care to all individuals. We offer these services by appointment or walk-in.

Free condoms are available. NOVUS Health also coordinates 2 sites for STI testing and treatment—our main office on Lindell Boulevard and NOVUS Health @ University Club Medical in Brentwood.

PrEP (pre-exposure prophylaxis) is a service of our STI clinical care and provides HIV prevention treatment to individuals. There are multiple options for preventative therapy for HIV. Ask the NOVUS Health Prevention Services Coordinator for more details or come in and discuss your options.



180

PrEP patients at NOVUS Health

OUR 2024 GOALS

- We will begin Opt-Out HIV testing in partnership with WashU. This will allow us to automatically test every patient for HIV with rapid testing, with the option to opt out. This will help lessen the stigma of HIV testing, foster early treatment plans, and reduce the risk of transmission.



STI Tests

Screening and testing are done for the following:

- HIV
- SYPHILIS
- CHLAMYDIA
- GONORREA
- TRICHOMONIASIS
- HERPES SIMPLEX

2,645

Chlamydia tests were administered.

7%

Received treatment

2,696

Gonorrhea tests were administered.

8%

Received treatment

1,630

Syphilis tests were administered.

8%

Received treatment

443

Trichomonas tests were administered.

7%

Received treatment

30

Herpes tests were administered.

1,405

HIV tests were administered.

11

Positive tests linked to care

BEHAVIORAL HEALTH

Behavioral health relates to the connection between your behavior and the health of your mind, body, and spirit. It is the way your habits affect your mental and physical health and wellness.

NOVUS Health provides service opportunities to individuals through:

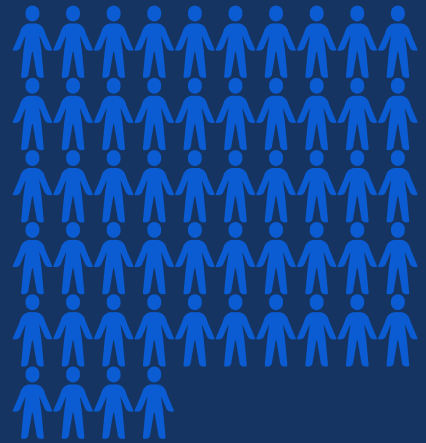
- Assessment
- One-on-one in person counseling
- Virtual mental health services
- Telehealth psychiatric services
- Group therapy—multiple areas (coming soon)

2023 Successes

- In September 2023, Dr. Chanel Mitchell submitted application for practicum placement.
- In October of 2023, the behavioral health department officially became an approved practicum location worksite in agreement with UMSL School of Social Work, Brown School (WashU), and SLU.
- Gavyn Stys completed a 5-day program to become EMDR trained.

2024 Goals

- Field placement trainings are scheduled for Jan 2024. NOVUS Health will start taking interviews for MSW students for the Summer of 2024 (May-August 2024).



220 Patients used Behavioral Health services 1,466 times in 2023.



NOVUS Health Behavioral Health Manager Amanda Williams, Behavioral Health Specialist Gavyn Stys, and Behavioral Health Specialist Dr. Chanel Mitchell.

Patient Testimonials



Patient 1 is blind and lives alone. She has some home nursing assistance she does not feel safe letting new people into her home. NOVUS provided her with food and a grocery gift card. A staff member talked to her on the phone until the patient was comfortable and then delivered the items and visited for an hour, discussing the food, placing it where the patient could access it, and asking what the patient might need to feel secure in her health and her home.

One NOVUS Health patient requested a Thanksgiving dinner. She said that after being very sick, she is getting better with the help of her NOVUS providers and starting to gain her weight back and the food would be a very big help. She showed us tennis shoes that Food Outreach was able to provide for her, and NOVUS will be able to provide a warm coat. She also thanked us for the books for sale in the lobby. Because of their availability, she has started to enjoy reading again and “feels normal again.”

Patient 2 asked for help with Thanksgiving Dinner. Sadly, he then became unhoused and did not have any way to cook. He was able to secure a bed in a shelter, and NOVUS provided him with several options for a cooked Thanksgiving dinner. NOVUS also stepped in and provided him with a warm winter coat, winter boots, and a pair of shoes.

COMMUNITY HEALTH AND PREVENTION



Engagement and Enrollment

3,412

People served through outreach, clinic or other referral

214

People assisted with health coverage (existing coverage or new enrollment)

77

People enrolled in Medicaid or Marketplace



Outreach Events

- Maryland Heights Health Fair
- 314 Day at Williams and Associates
- Hodiament & MLK pop-up with Vivent & The T
- Department of Health All Hands on Deck Event
- Taco Tuesdays at Williams and Associates
- SLPL Health and Resource Fair
- St. Charles Pride
- Tower Grove Pride
- Pride STL
- Black Pride
- Tower Grove Pride
- Metro East Pride
- SEMO District Fair
- Jackson Homecomers Festival
- Foothills Medical Mission
- CPSEMO Project Hope



NOVUS Health Outreach and Enrollment Team. Theresa Barnes, St. Louis Community Health Worker; Amanda Williams, Community Health & Prevention Manager; and Georgia Rodgers, SE MO Community Health Worker.





Other Successes

- Launched Video Series on Community Health Work
- Organized Staff Lunch and Outreach Day in The Grove Neighborhood
- Hosted 1st Annual NOVUS and the Neighborhood Event
- Collaborated with Washington University on Multi-site research project: Relevant Implementation Strategies to Enhance (RISE) a Status Neutral Approach to HIV Prevention & Treatment
- Participated in data collection and focus groups for research project: Perspectives in Sexual Health Testing (Washington University)
- Developed new collaborations with Freedom Community Center, Cape Girardeau County Healthy Communities Coalition, MO Network, Metro Trans Umbrella Group (MTUG) and others
- Dr. Mati Hlatshwayo Davis, Director of Health for the City of St. Louis, delivered the proclamation of the annual STL PrEP awareness week at event hosted by NOVUS - 'PrEP for Trans and Gender Diverse Communities'

2024 GOALS

- **INTEGRATION.** Continue to promote collaboration and integration of community health workers into clinic/patient care.
- **CONNECTION.** Establish partnerships with local community organizations and businesses to enhance our presence and collaborative initiatives in our new location.
- **ENGAGEMENT.** Recruit and engage volunteers to support our organization's mission and increase community outreach.
- **ASSESSMENT.** Conduct needs assessment, community meetings and forums to address community-specific concerns and tailor outreach efforts.
- **IMPACT.** Integrate and include outcome metrics to measure the effectiveness and influence of outreach and support services.
- **EXPANDED SERVICES.** Continue to expand our community reach and through the development of services including an onsite food pantry.

HEALTH AND WELLNESS SERVICES

2023 Successes

2023 was a year filled with success for the NOVUS team. We not only strengthened, but also expanded our medical services. This has helped improve accessibility of care for our patients and allowed us to promote a comprehensive health model. Initiatives that we successfully implemented in 2023 include an introduction of both our telemedicine platform and our Doxy-PEP program. Telemedicine has allowed us to expand our geographic reach, improve access to care for those with health disparities and transportation limitations, and promote flexibility in scheduling of appointments. We completed 49 medical visits via telemedicine, and continue to see an increase in the number of visits each week. This platform has allowed us to offer medical services to patients living in the greater St Louis metropolitan area, as well as those living in Southeast Missouri. Our team was approached to offer medical services to a particular patient in Southeast Missouri who was unable to find a provider to manage her chronic medical needs. She was left with getting refills for her medications from her local emergency department. A recent stroke made transportation to and from the hospital taxing. Through our partnership with case management, we were able to see the patient from the comfort of her own home. We were able to link her with lab studies that were imperative to the provision of quality care. We are committed to ensuring care is accessible for the patients we serve.

Over the course of 2023 we welcomed 305 new patients, a huge increase from 129 new patients the year prior. We continue to look for opportunities to expand the services offered here at NOVUS. Our HIV prevention program continues to expand, which is rooted in both education directives and PrEP services. We provided HIV PrEP services to 181 patients in 2023, up from 109 the year prior. We have expanded PrEP to also include an injectable option for some patients that meet clinical eligibility. In addition to our PrEP services, we also introduced our Doxy-PEP program. We anticipate a reduction in the number of sexually transmitted infections as a result of this initiative. One of our biggest accomplishments in 2023 was initiating rapid HIV screenings at each office visit. We performed 1432 tests, with an average of 119 tests per month. Our process identified 22 new HIV cases and all patients were successfully directed into care. Early detection and initiation of care will help improve health outcomes.

2024 Goals

We have already started working on reaching the goals we have established for 2024. We continue to focus on infection prevention as an initiative to health promotion. We are looking to expand PrEP services by utilizing telemedicine as an additional tool for education and screening. We hope that securing the appropriate resources needed for this, we can continue to expand our reach. We also look to optimally utilize resources available to us. Utilizing the State Lab will allow us to remaining fiscally conscious in the care we provide.

The NOVUS clinical team would like to thank all that have supported them throughout 2023. We are proud of all we have accomplished over the course of last year and are excited about the goals we have set as a team for 2024.

Patient Giving

It has always been in the NOVUS plan to continue to build programs that support the holistic health of our patients and our community. In early 2023 we knew that we wanted to increase our giving to patient families who need help affording food around Thanksgiving and winter holidays. We also knew we wanted to offer everyone the chance to be a part of the giving.

In May, we started the NOVUS Flea Market. Staff members, patients, friends and community members donated items to sell, and we sold them in the lobby, at the Gala, and eventually on Facebook and Ebay. We even took the show on the road and sold in a few local flea markets.

In the fall, we posted surveys and identified 20 families who needed nutritional support over Thanksgiving and Christmas. We kept emergency food and winter accessories stocked in the clinic and were able to provide coats and boots to 13 patients. Also, we were able to provide warm clothing, bedding, food, and toys to the family of a patient who sadly departed right before Thanksgiving, leaving 3 children needing extra love and support. We are certain that we did not reach all the patients who need assistance, but we are proud of our efforts in 2023 to gather community feedback and increase our outreach.

All in all, the Patient Assistance/Flea Market program raised \$3700 in sales and donations from May to December 2023. These sales and donations funded 100% of our giving, and helped seed our Food Pantry program that will begin in 2024 in our new location. The program also allowed us to practice building a program of benevolence on a smaller scale, proved that there is an enthusiastic market for our “stuff”, and showed all that our NOVUS community is generous in providing help for others.

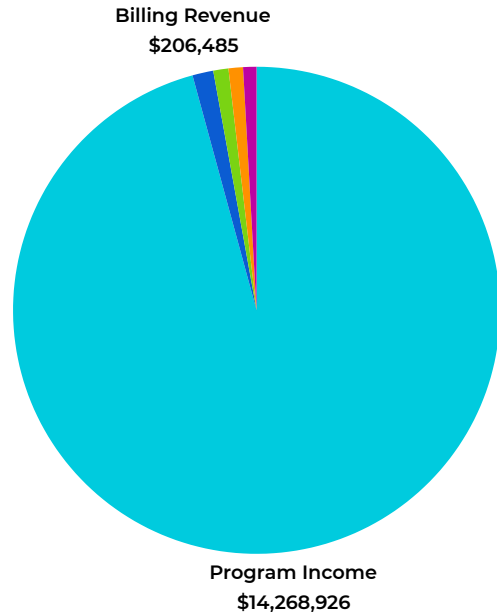


FINANCIALS

REVENUE

TOTAL REVENUE: \$13,249,706

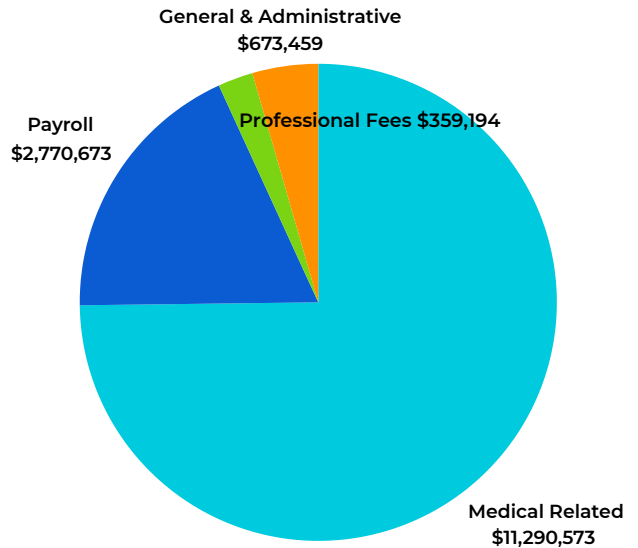
Program Income - \$14,268,926
Billing Revenue - \$206,485
Grants & Donations - \$150,000
Investments - \$142,898
Rental Income - \$132,000



EXPENSES

TOTAL EXPENSES: \$12,843,370

Medical-Related - \$11,290,573
Payroll - \$2,770,673
General & Administrative - \$673,459
Professional Fees - \$359,194



*Visit novushealthstl.org in June for the 2022 990.

THANK YOU, FUNDERS AND PARTNERS



Missouri Foundation
for Health
a catalyst for change



BioReference®



Walgreens



THANK YOU, SUPPORTERS

Thank you to everyone who gave on Give STL Day in May and Giving Tuesday in November! Also a big thanks to everyone who sponsored our second annual Coming Out event. We were able to raise \$30,826.30 in donations and \$2,693.00 in flea market sales for the year 2023.

GET INVOLVED

\$100 per month

Service

Cost of women's wellness screening for 12 women

Your Impact

Help improve the quality of life for 12 women throughout the year

\$75 per month

Service

Cost of 12 self-pay visits

Your Impact

Assures wellness for 12 patients

\$50 per month

Service

Cost of 12 HIV screenings

Your Impact

Opportunity for 12 patients to start a Pre-Exposure prophylaxis (PrEP) plan to improve quality of life

\$25 per month

Service

Average cost of a co-pay per month

Your Impact

Gives 12 patients peace-of-mind knowing that they will receive the care they deserve

\$10 per month

Service

Cost of two telehealth visits

Your Impact

Ensures good health of our patients and our community

Supporters like you help NOVUS Health provide quality comprehensive, trauma-informed care and prevention services to our community in a compassionate and nonjudgmental environment.

We ensure that every person who visits our clinic will receive the care they need, regardless of their ability to pay. You can rest assured knowing that your tax-deductible donation will be put to good work. Together, we will aim to improve the health and well-being of ALL individuals in our community.

Visit: novushealthstl.org/donate

Ways to Give

- BECOME A MONTHLY DONOR
- EASY ONE TIME DONATION
- TRIBUTE GIFT
- TRIBUTE GIFT THROUGH OUR PATH OF REMEMBRANCE AND HOPE PAGE
- MATCHING GIFTS
- PAYROLL DEDUCTION
- HOST AN EVENT
- BECOME A SPONSOR
- ATTEND AN EVENT
- VOLUNTEER
- IN-KIND DONATIONS
- PLANNED GIVING:
Stock Gift
IRA Charitable Rollover Contribution
Bequests



YOU'RE INVITED

COMING OUT

SIGNATURE EVENT

**Live Music. Libations and Hors D'Oevres.
Raffles. Silent Auction. Free Valet Parking.**

**THE CHESHIRE
FRIDAY, OCTOBER 11, 2024
6300 CLAYTON RD, RICHMOND
HEIGHTS, MO 63117
6-9PM**

At our third annual Signature Event, we will be celebrating the move to our new facility on South Grand! It will take place on Friday, October 11, 2024 at The Cheshire from 6-9 PM and will support our patients' needs for current and future services. Join together with us for fun and festivities on National Coming Out Day!

If you are interested in sponsoring or donating to our event, please email Sarah@novushealthstl.org for more information!

OUR SPONSORS



MEET OUR BOARD OF DIRECTORS

STEVEN FUCHS JR.
BOARD PRESIDENT

Steven Fuchs has an extensive history of LGBTQ+ care. He started with Schnucks Specialty Pharmacy located in University Club Medical after his completion of a community pharmacy residency. Steven strives to help patients meet their goals of optimal level of wellbeing and health. With the purchase of Schnucks Pharmacy by CVS, Steven started with Siteman Cancer Center at Washington University. Steven is excited to be the President of the Board at NOVUS Health. This opportunity allows him to continue his goal of helping everyone reach their optimal wellness and health. Steven excitedly works with the leadership team to help expand NOVUS Health into a community health resource for all. Steven's hobbies include gardening and working on home improvement projects.



KAYTLIN REEDY-ROGIER
BOARD VICE PRESIDENT

Kaytlin Reedy-Rogier started with the IHN in January 2018 and serves as the Program Coordinator for the Pipeline to Compassionate Care Project. She graduated with a Master's in Social Work from the Brown School of Social Work at Washington University. She has expertise in Diversity and Inclusion facilitation as well as HIV/AIDS. Kaytlin supports the IHN Network Community Academic Partnership Committee (NCAP) and Transitions of Care Task Force (TOC) and is active in the community through work with NCCJSTL and the Anti-Defamation League, facilitating dialogue in the community around issues of difference. When asked why she is glad to be part of the IHN and its commitment to excellence, Kaytlin responds, "I'm excited to help create a more inclusive and empathetic healthcare workforce in St. Louis and work with a team of passionate folks who are also working to make St. Louis a better place to live and work."



SHANE PACE
BOARD TREASURER

Raised between St. Louis, and Galveston Tx, Shane is an entrepreneur whose businesses included a car dealership, a restaurant and bar. Currently he owns a contracting consultant company. He and his partner enjoy traveling and spending time with their dogs. They are strong supporters of the Open Door Animal Sanctuary. He supports NOVUS Health as both a board member and frequent volunteer. He and his husband are active members in Faith Church in Sunset Hills.



DR. MARC LUCKETT
BOARD SECRETARY

Dr. Marc Luckett has a passion for community health and addressing women's wellness. He graduated from St. Louis University School of Medicine in 1995 and has been providing quality care throughout his career. His stints as clinical instructor at both Washington University and St. Louis University Medical Schools offered him an opportunity to provide guidance to a new generation of providers. He brings a wealth of knowledge, a history of community-based care, and a desire to be part of positive change in the Saint Louis Health landscape to NOVUS Health. Dr. Luckett is married with three children and resides in Saint Louis. Dr. Luckett notes his mother Dr. Amanda Murphy's work as a trailblazer in mental health has inspired him to follow in her footsteps.



LONNIE R. O' NEAL
BOARD MEMBER

Lonnie R. O' Neal has over 30 years' experience as a Business Development Executive, in the Clinical Diagnostic Laboratory industry and over 12 years' experience in Criminal Investigations and Law Enforcement. Lonnie currently represents BioReference Laboratories/GenPath Diagnostics, in a Business Development role, as an Account Executive. Throughout his career in the medical industry, he has had the opportunity to work in various roles as a Business Development Executive in the Clinical Diagnostic Laboratory, Esoteric and Genetic testing industry. Lonnie has extensive formal sales training and was the Valedictorian of his Sales Academy. Lonnie has received numerous awards and recognitions for his achievements as a Business Development Executive. Lonnie currently resides in Creve Coeur, MO with his family. Lonnie enjoys traveling, exploring the world and spending quality time with his family and friends.



LINDSAY DAVIS
BOARD MEMBER

Lindsay Davis received her Masters of Science in Marriage and Family Therapy from Northwestern University in 2001 and became an LPC in 2004. She has worked with children and adults with serious mental illness and serious emotional disturbance since 2002, mostly with BJC Behavioral Health. In addition, she has worked for Great Circle and Hopewell Center for the last couple of years. In 2000 she opened ComPsych's St. Louis-based office as a clinical leader. She has held multiple leadership roles, most recently as a Vice President, and she is deeply passionate about growing excellent clinicians and medical professionals to be the best that they can be.



DR. MOSES WAITHAKA, PHD, MA, MBA
BOARD MEMBER

Dr. Moses Waithaka is a Senior Director of Quality & Corporate Compliance Officer for Hopewell Center. He is a strategic and result-oriented professional with 15+ years of proven track record in Mental Health program design and evaluation. Dr. Moses believes in providing excellent services based on the best and most promising evidence base practice. Dr. Moses reported that he was drawn to Novus health because of its mission and vision, mainly its noble task of ensuring healthcare services are provided to the most venerable people within our community. Moreover, the concept that Novus Health strives to reach out to the diverse and most vulnerable people reaching them "where they are." Additionally, Dr. Moses is excited about Novus Health future programming, the continued program expansion that will include a full array of mental health services.



MEET OUR STAFF

EXECUTIVE LEADERSHIP

Dale R. Wrigley
(HE/HIM/HIS)
CHIEF EXECUTIVE OFFICER

Paula Upshaw
(SHE/HER/HERS)
DIRECTOR OF CLINICAL
QUALITY MANAGEMENT,
MEDICAL RECORDS, AND
CLINICAL AUDITS

Phillip W. Johnson
(HE/HIM/HIS)
DIRECTOR OF CHANGE
MANAGEMENT & DIVERSITY
INTERIM COMPLIANCE OFFICER

Amanda Williams
(SHE/HER/HERS)
DIRECTOR OF OUTREACH &
SUPPORT SERVICES

Sarah Marchant
(SHE/HER/HERS)
COMMUNICATIONS MANAGER

Dionne Boyd
(SHE/HER/HERS)
EXECUTIVE ASSISTANT





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novushealthstl.org

NOVUS Health is a non-profit 501(C)(3) organization. Contributions are eligible for tax deduction to the limit allowable by law. NOVUS Health's EIN is 32-0084051.



